



**TO KNOW HOW NOT TO PRAY
TO KNOW WHY WE PRAY
TO KNOW THAT GOD CARES MORE ABOUT YOUR HEART THAN HOW YOUR PRAYER SOUNDS**

→ TO PRAY ON YOUR OWN THIS WEEK

Game

- Play 'Don't Show Your Teeth' Game. Choose a theme and it's word association, go round the circle hide your teeth behind your lips and if you show them you're out, but can still make others laugh.



Video

- Watch the video on Youtube.



Press pause and discuss the questions halfway through, give a few minutes for the discussion, then carry on watching it until the end.



Discussion

- What is your first thoughts when someone asks you to pray?
- What is your earliest memory of praying? Do you remember what you prayed for?
- What reasons do you think people may struggle with prayer?
- What makes it hard? Why don't some people pray?
- Tell us one person who has taught you something about prayer and what you learned from them?
- What would stop you praying aloud in front of others?
- If you pray how long would you spend listening rather than talking?

Bible Bit...



Read Matthew 6:5

- What are some of the key words in this verse?

Notice that it's not **and 'if'** but a **'when'** He starts with 'When you pray'

- Why do you think God doesn't want you to pray 'to be seen by others'?

Read Matthew 6:6

- Why do you think Jesus is asking us to go to your room to pray? Is it wrong to pray with other people?

Public prayer is well and good, but you don't have to put on a show to make an impression, you never have to put on an act. Jesus instructs us rather to go and meet with God in private

Read Matthew 6:7-8

- Do you think it matters what words or phrases we use when praying to God?

- Why do we pray if God already knows what we're praying for?

- Have you learnt anything **new** about prayer today? If so what was it? Can you try it this week?

- How can you change your heart towards prayer this week?

Response

- **Pray** - Spend some time praying, if you have the space send them off on their own to pray, however, if not encourage them to pray aloud. - remember there's no right way to pray!



Can you post anything on Facebook about what you've learnt today?



Can you post a picture on Instagram representing what you've done today?



Can you post anything on SnapChat about what you've learnt today?