

IDENTITY



10

TO KNOW HOW IT'S IMPORTANT TO HAVE YOUR IDENTITY IN WHO GOD SAYS YOU ARE RATHER THAN YOUR THOUGHTS, FEELINGS OR WHAT OTHER PEOPLE SAY OF YOU.
TO KNOW WHAT YOUR IDENTITY IN GOD IS

→ TO SAY YOUR DECLARATION OVER YOURSELF THIS WEEK

Intro Activity and Questions



Welcome everyone, make sure everyone knows each others names and a bit about each other.

Games

🎮 **Play Twenty Questions** - Guess the celebrity in 20 questions. Only Yes/No questions are allowed.

Discuss

- 📌 What things can you label yourself with? Sports player, musician, brother, sister etc. Positive generic labels.
- 📌 Where do you get your senses of identity from?
- 📌 Which do you think has more influence over your identity - parents, social media, friends, school, tv/film
- 📌 How much influence do you think what God says about you has over your thinking and life?
- 📌 Do you think you can choose or change your identity?

(If appropriate for your group: what do you think about non-binary gender or choosing your identity based on your sexual preference? See Genesis 1:27)

Bible Study and Discussion



Make a List:

Name all the things that God says about you, and who you are.
Which of these do you struggle with?

Read

📖 Psalms 139: 13-16.

Discuss

- 📌 How does knowing that God made you, chose you to look like you do and has a plan for you change the way think about how you are?

Read

📖 Jeremiah 29:11

Discuss

- 📌 How does knowing God has a plan for us help us trust our identity to him?

Read

📖 2 Corinthians 10:5

Discuss

- 📌 How can we take every thought captive and make it obedient to Jesus? What about our emotions, can we do that with them too?
- 📌 How does knowing God created, loves and champions you help you live a braver, more confident life that is secure in God and who he says you are?

|| **PAUSE:** Think for a moment... what things are you believing about yourself that are lies? What things are holding you back from your identity in Jesus? What things are you listening to, or thinking about that aren't helpful or inline with what God says about you?

Activity

- 📌 Add to the list you first made. Which of these things do you feel confident about your self in?
- 📌 What things do you still struggle with believing, how can you change that?
- 📌 **I see in you** - write down or speak out the good things that you see in the people in your group. "I see in you....."



THINK: Now what?!... What have you learnt today? What are you going to take away from todays session that will help your relationship with God and others get better? What is the work in progress you need prayer for? Pray together.



Can you post anything on Facebook about what you've learnt today?



Can you post a picture on insta representing what you've done today?



Can you post anything on Snapchat about what you've learnt today?